

August Practices

Practices for the season will begin on Tuesday, August 4th (see the calendar on other side of this paper for the full schedule). Each practice will last from 2:00 PM to 4:00 PM. Students should come to the gym entrance of the school for practice and the coaches will let them in.

What you'll need:

- Athletic clothing (shorts or sweatpants and a t-shirt is fine). **No jeans!**
- Cleats if you have them
- Shin guards if you have them
- A soccer ball if you have one
- A **WATER BOTTLE**...it will be hot