

GARFIELD HEIGHTS MIDDLE SCHOOL CHEERLEADING TRY OUT INFORMATION



2015-2016 Coach April Kossman-Smith akossman@ghbulldogs.org

Thank you for your interest in becoming a member of the GHMS Cheerleading Squad! All interested candidates should take careful consideration of the commitment and dedication it takes to be a member of this squad.

Responsibilities of the Cheerleaders:

1. Promote and uphold school spirit
2. Build character
3. Maintain good sportsmanship among teammates, students and opponents
4. To encourage crowd involvement
5. To represent your school in a positive manner at ALL times!

There will be two clinics held in the Middle School Gymnasium for prospective cheerleaders to prepare and learn the material they will be judged on at try outs. You will learn how to stretch, spirit, jump, chant, tumble, and split. It is mandatory that you attend these clinics to learn so that you are prepared for your try out.

The dates for clinics are as follows:

<u>Cheer Clinic #1</u>	Monday, August 17 th 2015 2:20pm-4:30 (The First Day of School)
<u>Cheer Clinic #2</u>	Tuesday, August 18 th 2015 2:20 pm- 4:30
<u>Cheer Try-Out</u>	Wednesday, August 19 th 2015 2:20-5pm

Attire: You must wear athletic shoes, shorts/pants, and a school appropriate t-shirt. NO TANKS or bare midriff, NO BOOTS/SANDALS, no jewelry, no gum, NO EXCEPTIONS. This is for your safety. Hair should be pulled back.

* Cheer clinics, try-outs and practices: **are closed.** This means friends and siblings are not permitted to be there.

Scoring Categories for Auditions:

Spirit/Personality: eye contact, smile, enthusiasm, rapport

Appearance: neat, groomed

Jumps: sides, fronts, toe touch

Split: go as low as possible, hold for 3 seconds, not sloppy when getting up

Tumbling: must attempt a cartwheel, summersault, back walkover, front walkover

Cheer: sharp motions, unity with group, voice projection, expression, enthusiasm

TRY OUT RESULTS AND MONEY DUE:

An order form for cheer items will be passed out to all candidates the first day of clinics. Results of try-outs will be posted on Thursday, August 20th afterschool outside the gymnasium. **For those who make the squad**, payment for clothing (approximately \$150) **will be due Friday, August 21st.** Check or cash. Checks should be made out to Garfield Heights City Schools Booster Club. Payment can be turned in directly to Coach Smith in room 308 in a labeled envelope. Receipts will be given at the time of payment. This payment will include t-shirt, bag, shoes, body suit, hair bow, sweatpants, and sweatshirt. They will be used for both seasons and are yours to keep.

Be Prepared for Try-Outs

Make sure you have a Pre Participation Physical completed over the summer. Bring the completed Physical form with you the first day of clinics! Form is available in the office, in Mr. Glazer's room 318, or on the website.